

Grapefruit varieties

Varieties fall into one of two categories: white or red, and today are mostly seedless. Below are some of the most popular varieties. Sweetness will vary to some degree, depending upon the time of year. All the red varieties are sweeter than the whites.

WHITE

Marsh

Oro Blanco

RED

Red Ruby Red

Star Ruby

Texas Star Ruby

Rio Red

Red Blush

- Georgeanne Brennan

How to segment a grapefruit

Cut a slice from the top and bottom to reveal the flesh. Stand the grapefruit upright and slice downward through just the skin, following the contour of the fruit, to remove the peel and white pith. Separate the grapefruit into segments. To remove the membrane, slice along either side of the segment and peel away the membrane. Remove any seeds.